



Erasmus+

Enriching lives, opening minds.

<b>Participant details</b>	
First name	Catherine
Last name	Milet
<b>Erasmus+ Mobility details</b>	
Mobility dates	29/4-5/5
Place of Mobility	Porto

## Testimonial

Please provide a description of your Erasmus+ experience; please write in the first person. Testimonial will be used for dissemination purposes on the EUPA's website, social media and/or other means of communications.

<b>Describe your Erasmus+ experience</b>
Extremely fruitful on a personal and professional basis, meeting 10 other teachers from 5 different countries
<b>How did you feel before going on Erasmus+? Why did you choose to go?</b>
Very excited. First erasmus experience and discovering a new city
<b>What were the best and worst moments of this experience? How do you feel they helped you?</b>
Sharing with my colleagues during workshops. No bad moments at all. It helps to better come to know oneself in order to be able to tackle a different way of teaching
<b>What would you say to someone who is thinking about going on an Erasmus+ experience?</b>
Go for this rewarding experience in life!
<b>Insert any pictures that showcase your experience.</b>

Double click the below line to sign. Signing this document will imply that you willingly consent to give the right to EUPA to make the above information publicly available.