



Participant details	
First name	Adriana
Last name	Grech

Adriana's Testimonial

This was a very informative and learning experience for me. Despite having a good background on the topic, I still managed to learn new material both through these events and the meetings I had with the team as a member of the subcommittee. Apart from this I managed to meet both new people and professionals.

At first I was a bit cautious as I did not know what to expect, but thanks to the other team members I managed to integrate well and my opinion was always acknowledged. As a matter of fact, this is one of the main reasons of why I chose to join the subcommittee. I feel that solely, I cannot try to make a change, and I do think that a group of motivated people will be in a better position to make things happen. Apart from this I wanted to try something new as I was never part of such a subcommittee.

All of this experience was a fruitful one, the only moment where I felt a bit stuck was when I had to speak in front of people during the events. Despite me feeling slightly nervous and concerned of what people might say about me, I still managed to say what I had to say. Therefore, I feel that these events have helped me beat my concerns even more! Hence I strongly believe that this experience has continued shaping my personality.

[To anyone thinking of going on a similar experience, I say] Go for it! Make yourself heard!

