

Participant details	
First name	Stephanie
Last name	Micallef
Erasmus+ Mobility details	
Organisation name	University of Jyväskylä
Mobility dates	01/09/2016 - 16/12/2017
Place of Mobility	Jyväskylä, Finland

Stephanie's Testimonial:

"I believe the programme aims to boost skills & employment amongst students. It also gives students the opportunity to experience studying, volunteering, training and gaining work experience in another country.

With the help of this mobility I have become more open to new experiences, I am able to make more international friends who come from different backgrounds, I have become more motivated to take part in other mobility experiences when opportunities come up and I have become more confident as a person. This mobility helps me everyday and will keep on helping me in the future.

My Erasmus experience was definitely an unforgettable one and one from which I learnt a lot, both education wise and as a person. During my mobility, I discovered that learning is more than just studying. Firstly, the Education system in Finland works differently than in Malta. Hence, there I experienced different learning and grading styles which I was not used to. Moreover, I learnt life skills such as how to be aware and more open to other cultures, how to live with other people and how to be more independent."